











**Goodie Bags
will be given to all
participants on a first
come first serve basis**

Combat COPD

Know the risks and get screened now

In conjunction with World COPD Day Free Public screening events
(Each Spirometry test is worth up to \$100. Limited spaces available, please call or SMS your particulars to register.)

No	Date	Name of Event	Time
1	12 and 13 Nov	"Love OUR LUNGS" -- Public Screening @ Hougang Mall In partnership with:  	11am -- 5pm
2	16-Nov	"Are You Short of Breath?" -- Public screening @ Tampines One In partnership with:   TAMPINES 	11am -- 5pm
3	19-Nov	"Care for your Lungs, Care for your Life - World COPD Day 2011" -- Public Carnival at Nee Soon South Community Club In partnership with: 	9am -- 4pm
4	20-Nov	"Silver Carnival Day" -- Public Carnival at Amphitheater in front of Toa Payoh Library In partnership with:  	9am -- 4pm

Chronic obstructive pulmonary disease (COPD) is one of the most common lung diseases. Individuals with COPD increasingly lose their ability to breathe. In almost all cases, COPD is caused by smoking.

Free lung screening

November 16 marks World COPD Day, and in conjunction with this global event, Boehringer Ingelheim Singapore Pte Ltd, together with various partners, is organising events island-wide to provide free lung screening for the public and to raise awareness for COPD in Singapore. Those who are 35 years and older who are either smokers or ex-smokers are encouraged to get screened for COPD.

For pre-registration, call 6736 7380 or SMS your name and event that you are signing up for to 9228 7027.

Supported by:



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